

# Equipment for Sea Kayaking

## For each paddler

kayak  
paddles  
PFD  
whistle (on PFD)  
appropriate clothing  
spray skirt  
hat or helmet  
water  
food  
sunglasses & strap  
compass  
sun screen  
pump  
strobe  
flashlight  
extra hat  
extra sweater  
paddle or rain pants  
paddle float  
toilet paper  
car keys

## For each group

float plan  
first aid kit  
VHF radio  
tow line  
flares  
bivey sack  
space blanket  
knife  
lighter  
candle ends  
duct tape  
multi tool  
accessory cord  
chart  
chart case  
tide table  
*In cold weather or cold water:*  
sleeping bag  
ground pad  
thermos of hot water  
extra dry clothes  
extra food

This list is intended as a guide for paddlers and leaders, and does not replace individual judgement or responsibility. Not all this equipment is required for all trips. Additional equipment may be required to meet the needs of specific groups and conditions.