

Fill in and send electronically. Instructions below.

DV- AMC Leader in Training (LIT) Program

The goal of the DV Chapter's **Leader in Training** program is to ensure that LITs receive the most substantive experience possible while they are doing their co-leads, including being responsible for trip planning, screening, coordinating, etc.; not just showing up at the hike and acting as sweep.

Please use the list below to guide the activities that your Leader in Training does on their co-lead, and send the completed form to Leadership Chair Jeff Fritzinger (leadership@amcdv.org) after the activity takes place. Thank you for assisting this Leader in Training!

Leader in Training _____

Activity co-led _____

Date of trip _____

Trip leader _____

Comments _____

Items a Leader-in-Training could/should be involved with during a co-led trip:

- ___ a) scouting out the trip and planning mileage, break/stopping points, water stops, dropout/plan B points
- ___ b) writing the trip description for the AMC online trip listings
- ___ c) planning and implementing the trailhead talk
- ___ d) planning and implementing a carpool and car shuttle at the trailhead, if this is part of the trip
- ___ e) screening participants and assisting in the planning of questions that should be asked
- ___ f) selecting a post activity socializing spot (for ice cream, pizza, etc), if applicable
- ___ g) interacting with group during the trip, monitoring the participants' well-being
- ___ h) adhering to safety and Leave No Trace principles
- ___ i) being sweep
- ___ j) filling out the trip report (leader should still sign off and review)
- ___ k) planning what the leaders should bring (sign in sheets, pens, clipboards, first aid kit, extra food/water/clothing, etc.)
- ___ l) making sure all participants are accounted for at all trail junctions

This form can be filled out and the completed form saved and e-mailed by using the free Adobe Acrobat Reader. Be sure to click the fill & sign button!

Download the reader at: <https://acrobat.adobe.com/us/en/acrobat/pdf-reader.html>