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Appalachian Footnotes Delaware Valley Chapter • Appalachian Mountain Club Winter 2018-2019 • Volume 57 • Number 1

> Appie Awards Mohican a gem Leadership workshops Hiking history review 45 years on the AT Lonesome Lake family August Camp 2019



Appalachian Footnotes

the magazine of the Delaware Valley Chapter Appalachian Mountain Club published using recycled electrons.

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Get a list of all Delaware Valley Chapter activities for the next two weeks sent to your in box each Wednesday, plus advanced notice of major trips and events each month.

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Chapter Ombudsman

Questions, complaints, concerns or comments about the Delaware Valley Chapter of AMC should be directed to Chapter Ombudsman, Allen Male at ombudsman@amcdv.org.



Cover: Robert Alexander (front) and Kyle Conrad ascend the east side of Lehigh Gap on the Appalachian Trail last December on a trip led by Rich Pace, who took this photograph.

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Jay Gross chosen as Appie of the Year



Jay Gross was named our Appie of the Year at the annual dinner and meeting on November 3. In the 16 month period since he became a leader in April 2017, our Jay has led more than 130 activities for the chapter.

And it's not just numbers that matter. These activities have been popular, drawing both regulars and new members. Some of the creative hikes he led include berry searching hikes and hikes in historic parks. He loves all kinds of music and shared this interest by leading a popular summer series of hikes to local concerts.

Jay is a popular leader because he pays attention to every participant on his hikes, and is always putting the group's interest before his own. He is conscientious and always eager to fill in if another leader is not able to make it to a hike. He routinely is present as part of the leadership team for the Thursday evening hikes at Valley Forge and Lower Perkiomen Parks.

Jay also supports growing our leadership by promoting the leadership training course to other hikers and makes himself available to mentor new leaders with their qualifying co-leads.

Phill Hunsberger named Golden Appie of the Year

Phill Hunsberger, our Golden Appie of the Year, began leading hikes in 2003, and since 2006 has led 59 DV Chapter Catskill Mountains winter hikes. He has also been a leader at August Camp since 2011.

It is often hard to catch Phill at home since he is frequently traveling, hiking, biking, organizing trips and leading AMC hikers in locations both nearby and very far afield. He might have reached his "golden years," but shows no signs of slowing down.

Phill has served as chair of the Lehigh Valley Group since 2007, and has kept this monthly program a positive way to promote AMC activities and conservation efforts. He even makes the wonderful pottery that is presented to guest speakers as a thank you gift. He is an entertaining speaker himself and has made presentations about areas he loves, especially Nepal, at both our DV Chapter annual dinner and the Lehigh Valley Group's meetings.

Phill is a wonderful family man and has organized rollicking family trips to many of our National Parks for large groups of family and friends.



Mohican Outdoor Center, gem of the Delaware Water Gap

If you've never visited AMC's Mohican Outdoor Center in the Delaware Water Gap Recreation Area near Blairstown, NJ, you might be in for a surprise.

On a typical summer weekend, its overnight housing capacity, in three lodges and many smaller cabins and campsites, may already be filled. Mohican is used by AT through hikers, section hikers, day hikers, Mohican Getaway participants, and private party visitors such as catered weddings, reunions, and the like.

No matter, there is plenty of parking for day use of the lake and surrounding trails, unlike the I-80 AT crossing, which fills early on summer weekends. And Mohican has a well-stocked visitor center that can set you up with any needed equipment and pack you a trail lunch.

The natural lake at Mohican features a swimming section and plenty of shoreline for exploring by canoe or kayak. The surrounding trail system invites day hikes to view hawk migrations, climb around streams and waterfalls cloaked in ferns, mosses, and liverworts, ascend ridges swathed in blueberry and blackberry, watch fireworks shows both close (Blairstown) and far (New York Harbor) in July, appreciate the leaf forms of species and hybrid oaks and more.

Summer is busiest, with a barbecue dinner followed by a campfire with S'mores each Saturday, weather permitting. Later in the year there are holiday gourmet dinners with three seatings at Thanksgiving and four seatings at Christmas that fill the 40-seat dining hall.

Periodically during the year, AMC leaders offer weekend "Getaway" programs with activities such as introductions to winter hiking and backpacking, snowshoeing, wilderness first aid, family adventure, map and compass, astronomy, and paddling, as well as day hikes in both directions along the Appalachian Trail. These are all listed on line under the chapter web calendar, and by clicking here. — Annette Sheldon



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Outdoor leadership workshop, scholarships set for 2019

Step up and lead outdoor activities or boost your leadership confidence and skills at AMC Delaware Valley Chapter's outdoor leadership training workshop the weekend of April 5-7.

To make this event easily accessible for DV Chapter members, this session will take place at Nockamixon State Park near Quakertown, PA.

Everyone is welcome to attend: leader wannabes, new leaders, new members, experienced leaders, members who just want to learn what leadership is all about. Topics to be covered are the elements of outdoor leadership common to all AMC outdoor activities:

Activity planning

Leading safe and enjoyable activities

Leadership styles

Group dynamics

Liability issues

Decision making model

Accident scene management

Conservation and minimum impact issues

AMC leadership requirements and guidelines

How to become a DV Chapter activity leader

Map and compass skills

Instructors: Experienced AMC volunteers and staff

The cost for the course is \$35 for AMC members, \$50 for nonmembers, \$20 for AMC members who complete one co-lead by April 1, 2019. If you'd like to stay overnight at the cabins at Nockamixon State Park, the cost is \$15 for one night or \$24 for two nights. The Saturday night dinner cost is \$15. For additional information and registration, contact DV Leadership Chair Jeff Fritzinger at leadership@amcdv.org.

Young leaders ages 18-29 can get fully paid training and free AMC membership

Young outdoor enthusiasts aged 18 to 29 who are interested in becoming activity leaders for the Delaware Valley Chapter will be provided with a full scholarship to the next Outdoor Leadership Training course if they agree to lead at least two activities for the chapter within a year.

In addition, a one-year AMC membership will be provided free of charge by the chapter for these new young leaders, once they have successfully completed the course and their coleads.

AMC Delaware Valley Chapter offers a wide variety of outdoor activities including hiking, backpacking, paddling, cycling, and skiing. The Outdoor Leadership Training course covers such things as activity planning, leadership styles, group dynamics, liability issues, map and compass skills, accident scene management, conservation and minimum impact issues, and AMC leadership requirements and guidelines.

New leaders will be paired with an experienced leader who will provide support and mentoring and assist them with their required two co-leads following the course. If you know someone between the ages of 18-29 who enjoys the outdoors and might like to share their enthusiasm with others, please let them know about this special program being offered this year. For additional information, they should contact leadership@amcdv.org.

Trail news of interest to our members

Compiled by Dan Schwartz

Ridgerunner season — We feel lucky to have had Scott Simon as our ridgerunner this past summer. He came to us after working as an Appalachian Trail boundary intern for Ryan Seltzer in the spring. His experience was a big plus for us and for the most part worked independently.

We are concerned over future funding for this program with loss of the Land and Water Conservation Fund.

Volunteer Leadership meeting and Annual meeting — Susan Weida, then our chapter's vice chair, now chair, and Dan Schwartz attended the meeting of the Appalachian Trail Conservancy (ATC) in August held at the National Conservation Training Center in Shepherdstown, West Virginia. Much of the material presented was new for Susan and there was a steep learning curve. I think we both got a lot out of the weekend's activities.

Blue Mountain Resort — There was a meeting about the encroachments and violations in late April where Danny Smith, Acting National Park Service Director, and Rich May, advisor to the secretary of the interior, met with owner Barbara Green, ATC's Susan Dixon, Dan Schwartz and others at the ski area.

Barb Green expressed a desire for the resort to purchase back the land so that her business could use it however they liked. Danny Smith expressed a desire for the encroachments to be removed from the easement property. As far as I am aware, no progress has been made on removing the encroachments or otherwise addressing these violations.

PennEast Pipeline — A land swap between the National Park Service and the Pennsylvania State Game Commission was made for a small amount of land along the edge of the current power transmission lines, so that the pipeline could be built aligning with that crossing of the trail rather than create a new one two miles to the west (also through State Game lands).

Construction plans for a pipeline using new crossing aligned with the power line crossing have been shared with ATC, the club and the Pennsylvania State Game Commission. No dates have yet been shared for the start of construction. This information is not official until PennEast files a revised plan.

Relocation at Little Gap — In May, club volunteers met with ATC staff and Peter Jensen and hiked and flagged out a possible relocation of the trail to align the trail with the state game lands parking lot where the relocation from the superfund site will end. ATC contacted the State Game Commission with this plan and we are waiting on their review and approval.

This relocation will open up opportunities to cross a boulder field directly across the road from the state game lands parking lot, known locally as the "devil's potato patch." It will avoid a wetlands area that the current trail current crosses and pass directly along the top of a rock fall with great views to the west.

Bill Steinmetz receives trails service award — In October, Pennsylvania's Department of Conservation and Natural Resources Secretary Cindy Adams Dunn presented AMC's Bill Steinmetz with an engraved hiking staff and letter of appreciation for 22 years of service on the Pennsylvania Appalachian Trail Advisory Committee. Bill Steinmetz retired from the Committee in 2018.

Bob Hileman: a 45 year journey hiking the AT

It was the summer of 1973 when Bob Hileman logged his first miles on the Appalachian Trail. Just finished with his freshman year at college, Bob, with his brother Ken, decided to backpack the length of the AT in Pennsylvania.

At the time, Bob didn't intend to hike the entire AT. He was simply looking forward to a multi-week adventure in the woods of Penn. It was a different trail in those days — far fewer people and easy-to-access services much rarer. It was a time when external-frame packs, heavy leather boots, and too much cotton were standard gear for most backpackers. Little did Bob and Ken realize that those first weeks would begin a journey that would last almost half a century.

Bob was a competitive long-distance runner during his school years. After graduation, he continued to run and started his career as a math teacher and track coach. During these years, Bob returned to the AT time and again, adding more miles to his total, while also enjoying many outdoor adventures elsewhere in North America and Europe.

It wasn't until sometime after 2000 that Bob realized he had already hiked the majority of the AT. That's when completing the entire AT became a goal. In recent years, Bob systemically planned and hiked the remaining sections. By 2018, Bob had completed all but his final 96 miles, a stretch from the Roan Highlands on the North Carolina-Tennessee



border to Damascus, Virginia. Bob had been saving Damascus for his last mile on the AT. This small town has a big presence in the hiking world. The AT follows the sidewalk right through town on its main street and hosts the large AT Trail Days gathering each year.

Bob scheduled his final AT week for September 2018. The week-long



backpack was almost cancelled when Hurricane Florence came ashore the exact same dates. But after a one-week delay, Bob was on the trail completing his journey that had lasted 45 years. John Rogers

Left, Bob at Springer Mountain. Above. McAfee Knob in Virginia.

Notes: 1973 - hiked entire Pennsylvania AT with brother Ken during summer break during college, In September, 2018, he completed the final 96 miles, ending in Damascus, Virginia. He hiked 1,555 miles with Ken, 522 with his friend Bambi.

Mohican area hiking guide now available on the AMC-DV web site

Kathy and Dave Scranton, DV Chapter members and former Mohican Committee co-chairs, spent many months putting together a guide for hikes in the Delaware Water Gap within easy access of the Mohican Outdoor Center.

The guide includes detailed hiking directions and maps for more than 30 hikes of differing lengths and levels of difficulty.

It is now available online on the AMC-DV web site, downloadable as a single PDF at:

http://amcdv.org/assets/mohican-area-hikes.pdf

Sign up for the Adventure Travel Newsletter

AMC's Adventure Travel takes you to exotic locations and forign lands. If you want to learn about new Adventure Travel trips, get the most up to date listings right to your in box! To sign up for the quarterly Adventure Travel newsletter go to:

www.outdoors.org/ATnewsletter-signup

Guide Books and Nature Books

Every book review ever published in Footnotes, plus web-only reviews are now available on our chapter's web site at:

http://amcdv.org/books.html

Runners & hikers invited to 9th Annual Polar Bear 5K Trail Run/Hike, January 19

Runners and hikers are invited to participate in the Lancaster Group of the Sierra Club's 8th Annual Polar Bear 5K Trail Run/ Hike at 10 AM Saturday, January 19, in scenic Lancaster County Central Park. Dogs on a leash are also welcome to run or walk with their masters.

The trail run/hike will follow the same route as last January's, winding through the park on well-maintained trails with some hills. Race day registration and check-in will begin at 8:30 AM at the park's Pavilion 22 (Kiwanis Lodge). Prizes will be awarded to the overall top three male and female runners. The top two runners in each age and gender category will also get prizes, while thirdplace finishers get a ribbon. Additionally, the first three finishers with dogs (any age group) will receive prizes.

Registration fee is \$25 from now until December 24; \$30 after this date and until race day. T-shirts are guaranteed for all people who register by January 4. Registration is at lancastersierraclub.org, or e-mail sierraclubevent@gmail.com.

All money raised by this annual event, the Sierra Club - Lancaster Group's major fundraiser, supports local efforts to end global warming. Funds raised in the 2019 race will help subsidize the group's popular "green project" grant program. Approximately 210 runners and hikers registered for the race last January.

Ramble On: A History of Hiking

By Jeffrey J. Doran, CreateSpace, 2018

Review by Priscilla Estes, author of AMC'S BEST DAY HIKES IN NEW JERSEY: Four-Season Guide to 50 of the Best Trails in the Garden State, from the Skylands to the Shore, coming in February 2019 from AMC Books.

Savor this book over the winter, on those frigid days when not even AMCers will venture out. Doran, a history enthusiast who owns several online hiking trail guide businesses, has produced an absorbing, entertaining, and knowledgeable read that will satisfy your intellect, hold your interest, and slake your curiosity about the history and evolution of hiking, from ancient times to the modern-day hiking mania.

Did you know that the oldest recorded hike for pleasure was by Roman Emperor Hadrian in 125 CE? Hadrian summitted Mount Etna on the island of Sicily for the simple joy of seeing the sun rise. The Renaissance era erased the primordial fear of mountains and wilderness, the Age of Enlightenment connected hiking to "rapture and reverence," and the Industrial Revolution spurred the development of hiking and walking for pleasure. Doran says that hiking blossomed then so man could temporarily escape the "dark Satanic Mills," a phrase coined by English poet William Blake.

Accounts of early summits and summiteers of Mt. Washington, Mt. Greylock, Mt. Katahdin, and other New England mountains will be of particular interest to AMCers. For example, Henry David Thoreau briefly left his beloved Walden Pond to clamber up Mt. Katahdin in 1846 and explored several mountains in the Presidential Range during his lifetime. Mt. Washington attracted many, including the three Austin sisters, who were probably the first white women in the United States to summit a significant mountain in 1821.

Hiking clubs have historical origins also, dating back to ancient Egypt, Greece, and Rome. By the eighteenth century, about 25,000 hiking clubs and societies existed, and those were just in the English-

speaking world. Doran traces the growth and significance of hiking clubs against the world's social, cultural, industrial, and political backdrop, from Massachusetts-based The Exploring Circle in 1850 to the White Mountain Club in 1873 to the Appalachian Mountain Club in 1876 and beyond. Tales of dare-devilry (blindfolding new hiking members); human interest stories (The Three Musketeers, a ukulele-playing trio of women); as well as fascinating pictures (Scottish women rock climbing in long skirts and pump heels) captivate the reader's interest. Unusual hiking clubs include the Asheville Nudist Club (the Carolina Mountain Club declined the nudists' offer to merge) and the Yosian Brotherhood, whose founder, Otis Swift, claimed to have walked backwards farther than any other human being in history.

Doran also delves into the history of trail-making. Deer may have made the first paths, but Indians, trappers, pioneers, automobiles, and hikers extended them. Abel Crawford blazed the first trail to the summit of Mt. Washington in 1819, ushering in the first hiking tourists, mostly women and men of financial means. Doran further traces trail development through the establishment of national forests and parks, The Civilian Conservation Corps (CCC), increased funding for the Army Corps of Engineers, and the building of

railways. Doran also highlights individual efforts by people like preservationist John Muir, industrialist James Longmire, and Orson "Old Mountain" Phelps. Side stories fascinate, such as one about the showman James McCauley, who operated a toll trail in Yosemite and built excitement by shoving hot coals over Glacier Point. Page 99 features a photo of this "firefall."

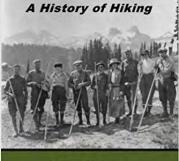
As for the evolution of hiking gear, we've come a long way from flannel shirts, gabardine, and rubber raincoats. Especially interesting are stories of inappropriate clothing, sometimes fatally so, as in the case of the petticoat-and-pantaloon-clad Lizzie Bourne of Kennebunk Maine, the first woman to die while climbing Mt. Washington on September 13, 1855. How John Muir survived hiking is a wonder since he had a habit of not packing proper gear. He climbed Mt. Shasta during a snow storm without food or fire and wearing only shirt sleeves. Luckily, by 1935, significant improvements to hiking gear began, courtesy of a man named Eddie Bauer who almost froze to death while fishing for steelhead salmon on the North Fork of the Skokomish River on the Olympic Peninsula. Down jackets, equipment checklists, and better boots and packs evolved, up to the current ultralight equipment.

The closing chapter intelligently and philosophically discusses the future of hiking. Overcrowding of trails is the looming crisis. Hikers and park managers have noticed an increase in litter, graffiti, vandalism, switchback cutting, social and braided trails, bushwhacking, trail erosion, and wildlife displacement, not to mention noise pollution and dog misbehavior. Expensive search and rescues are on the rise too. Doran discusses how these issues can be addressed and invites all to take responsibility.

Doran's book is a treasure: a well-written, entertaining, knowledgeable, and exactingly researched book on the roots of hiking and hiking clubs, the history of trail-making, the evolution of hiking gear and clothing, and the future of hiking on overcrowded trails. Doran weaves the social, cultural, industrial, and political milieu into this fascinating history. Amusing, astonishing, and sometimes alarming anecdotes, along with photos, footnotes, and an extensive bibliography, make this a fascinating and significant account of the history of hiking.

Doran's online trails guides: TetonHikingTrails.com,HikingInTheSmokys.com and RockyMountainHikingTrails.com and HikingInGlacier.com.











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Lonesome Lake Hut: three generations of family tradition

By Sue Bergman

In the late summer of 1977 on the return to Ohio from backpacking in Newfoundland, three friends and I stopped in the White Mountains of New Hampshire.

We didn't know much about the Whites and knew nothing about AMC, but saw Madison Springs Hut on a map and decided to hike there, camp out and return the next morning. With full packs we plodded up the steep and rocky Daniel Webster Trail. The weather was windy and threatening rain but stayed dry. We thought the "Warning: Many have died...." signs at the trailhead were sort of amusing. We had no concept of what the hut would be. When we arrived, we thought we had hiked to heaven.

We quickly learned that there was no camping above tree-line or in the immediate area. But there was room in the hut if we wanted to stay there for the night. By now the storm and winds were really revving up, and the cozy hut was so inviting. We picked out our bunks. Back then you had to eat at least one meal at the hut if staying overnight. As our dinner was the heaviest meal we had lugged up there, we decided to eat our own pathetic freeze-dried dinner, and have the hut breakfast. Breakfast did not disappoint, and we hiked and butt-slid down the trail and drove home.

Fast-forward to 1982, I was living in Philly, married, finishing up grad-school, with a 15-month old son Aaron and somehow my memory had flattened out the White Mountain trails.

I thought a great way to celebrate the completion of my dissertation would be to hike from Crawford to Pinkham Notch along the AT, staying at Greenleaf, Galehead, Zealand, Mizpah and Lake of the Clouds huts along the way. Husband Seth carried Aaron; I carried everything else. The weather cooperated. Baby Aaron cooperated by sleeping through the night and not waking up the 47 other bunk-room mates in the old style huts. Cloth diapers, lots of Cheerios. Aaron weighed 30 pounds at one year!



We made it with no major mishaps to Pinkham Notch. I can't

image what Aaron really remembers of that adventure, but he has always said returning to the White Mountains and especially Pinkham Notch feels like coming home.

And over the years return we did. My two friends from 1977, Jerry and Ann were married and had kids Matt and (Big) Sarah, each a year or two older than our Aaron and (Little) Sarah. Our two families hiked in the Whites, staying in the huts in 1986, and at least two other times. It must have had meaning as both the older Sarah and our son Aaron brought their future spouses to hike and camp in



the Whites, searching through the huts' log books for their comments from earlier visits.

In 1999, my daughter Sarah and I, with one of her high school friends, started at Pinkham, hiked to Carter Hut, shuttled to hike to Madison Springs, then over to Lakes. Carter was the final unvisited hut for me, and Carter and Madison were the final unvisited huts for Sarah. More recently, Seth and I stayed at the new Galehead Hut in 2008, and the new Madison Springs in 2016.

In July 2018 we had an extended family gathering scheduled in Vermont, just a few hours away from the White Mountains. Our grandkids were now about the ages of when we started taking our own kids to the AMC Huts, not counting the 1982 baby trek. We decided on an initial foray to Lonesome Lake Hut for ten of us We'd be coming from different directions, so we met and stay at AMC's Highland Center at Crawford Notch.

For kids cooped up in the car all day, the Highland Center's outdoor Big Mountain playscape proved to be the perfect antidote with its mini-trails, secret rock cave, stump-jumping, and lots of room to run. The kitchen staff were extra accommodating keeping some of the sweet and sour chicken nuggets plain for our younger unadventurous eaters. And the library is well-stocked with children's books and games.

On the trail the next morning, the three-year-old short-legged girls decided the least efficient but most fun way to hike is to jump up on and off every single rock and boulder on the trail. We coaxed and bribed the youngest hikers with M&M's, raisins, water and pee-breaks. Meanwhile we tried to keep the five year old boys from getting too far ahead as they effortlessly charged up the trail.

Continued on the next page

Three generations at Lonesome Lake Hut

Continued from previous page

Lonesome Lake Hut is the closest to the road of all the AMC Huts in the Whites, and is the easiest to get to. That's why it is so popular with families. Somehow this trail got a lot steeper in the last 20 years since I was here! Or did I get older, stiffer, knees and back creakier. I sympathized with Maddy and Anna and their short little legs. This was not an easy trail, it was definitely a White Mountains New Hampshire trail.

Lonesome Lake Trail is 1.2 miles from trailhead to the lake, and then .4 miles around the lake to Lonesome Lake Hut. After doing the 1.2 straight



up hard part, Anna rebelled. She had it! She got carried the easy flat part on boardwalks around the lake to the hut. Maddy got a lift from her dad Mike part way as well. But the five year old boys were in their element. It took us about three hours from trailhead to hut. It was worth it!

At Lonesome Lake Hut, the ten of us were in two adjacent bunkrooms. Levi was so excited to set up his bunk bed lair. Each peg had a sock to dry; his flashlight and water bottle on the shelf, sleep-sack and blankets ready to jump in at lights-out. We wrote our names and traced the girl's hand prints in the log book.

There are steps down to the lake, a wooden dock, little sandy beach and some rocks about six feet out into the shallow water. Aaron had brought along two pair of "swimmies" so the kids could venture out to the rocks. The water temperature was brisk but tolerable. The lake is part of the appeal of the hut for families and kids.

At dinner we reminded the kids to eat as much as they could since there was no raiding a refrigerator later. No problem after a day of hiking and jumping in the lake. These kids had built up an appetite. And who could resist the hut's fresh baked breads, home-made soup, kid-friendly stuffed shells.

After dinner, Sarah and Levi went down for another look at the lake. Some passing hikers alerted them to a mother moose and calf across the lake. They came back up to alert the rest of us to see this. Mom-moose was looking pretty tired as baby moose frolicked in the water, prancing back and forth, splashing up water, having the energy at the end of the day that only a little kid can have.

As the skies darkened, our kids were happy to crawl into their sleep-sacks. There were a few flashlight beams across the room, but soon



little snores took over. They were out, and me too. In the morning I looked at Levi in his bunk. He opened his eyes and had a huge grin on his face. Maddy was in the bunk under Levi although all we could see was a rumpled pile of

blankets and a few strands of curly blond hair sticking out. Outside the bunkhouse, our gentle wake-up call was one of the croo serenading us on a guitar.

A hut breakfast is meant to power hikers along the trail: hot cereal, bacon, eggs, fresh-baked cinnamon cake, and the traditional "pick-uptrash, fold-your-blanket, tip the croo" skit. Ah, tradition!

Going down the trail is about as hard as going up, not as much heavy breathing, but trickier footing. Lonesome Lake Trail has been loved to death and is in need of a lot of maintenance. In fact we saw

a trail crew packing upwards as we went down. About six young, incredibly strong-looking men and women with huge pack-frames towering up to five feet above their heads, loaded with tools, propane tanks, and who knows what. Each trail worker concentrated on every foot-step lest they topple over. Thank you, trail crew, for your back-breaking service!

Back at the trailhead, it was find the cars, load up, head to the next destination: an annual family gathering of twenty additional siblings, spouses, and cousins from across the country, this year in Vermont.

I don't know when I will be back in the White Mountains, if ever, but if having our kids fall in love with the Huts is our family tradition, I formally pass the baton to the next generation.



Mount Rainier AMC's August Camp 2019



Experience magnificent Mount Rainier National Park! See stunning waterfalls, alpine meadows carpeted with wildflowers and grand scenic vistas on dozens of easy to challengings hikes led by trained AMC volunteers. Visit Mount St. Helens. Trek across the shoulders of one of the highest and most dramatic peaks in the lower 48 states.

100 M

Camp in the small former lumbering town of Packwood, WA, adjacent to the park. Just arrive and enjoy the activities and camaraderie. Everything's provided: tents, hearty, delicious meals prepared by our staff, local transportation and a free shuttle from Seattle-Tacoma International Airport.

July 13 through August 10. Attend one week or two. Detailed information and registration will be posted at augustcamp.org by early December. Camp filled by mid-January last year, so don't miss out! Registration opens January 2, 2019.

Week 1:	July 13 — July 20
Week 2:	July 20 — July 27
Week 3:	July 27 – Aug. 3
Week 4:	Aug. 3 — Aug. 10

One Week: \$975 for members; \$1150 for non-members.

Applications are accepted beginning January 2, 2019 in the order in which they are received. Get sign-up information after December 1 at our web site, augustcamp.org.

Questions? Ask Lois Rothenberger at ACregistrar@comcast.net



Photos by Kathy Kelly-Borowski, August Camp 2014