BE OUTDOORS
APPALACHIAN MTN CLUB

Fill in and send electronically. Instructions below.

DV- AMC "Leader in Training" (LIT) Program

The goal of the DV Chapter's "Leader in Training" program is to ensure that LIT's receive the most substantive experience possible while they are doing their co-leads, including being responsible for trip planning, screening, coordinating, etc., (not just showing up at the hike and acting as "sweep"). Please use the list below to guide the activities that your "Leader in Training" does on their coo lead, and **send the completed form to the applicable <u>Activity Chair</u>, AND to the <u>Leadership Chair</u>** (leadership@amcdv.org) after the hike takes place.   Thank you for assisting this Leader in Training!

Leader in Training: _____

Activity co-led: _____

Date of trip: _____

Trip leader: _____

Comments: _____

_____

_____

Items a Leader-in-Training could/should be involved with during a co-led trip:

- ❑ a) scouting trip and planning mileage, break/stopping points, water stops, dropout/"Plan B" points
- ❑ b) writing the trip description for the AMC online trip listings
- ❑ c) planning and implementing the trailhead talk
- ❑ d) planning and implementing a carpool and car shuttle at the trailhead, if this is part of the trip
- ❑ e) screening participants and assisting in the planning of appropriate questions to ask
- ❑ f) selecting a post activity socializing spot (for ice cream, pizza, etc), if applicable
- ❑ g) interacting with group during the trip, monitoring the participants' well-being
- ❑ h) adhering to safety and LNT principles
- ❑ i) being sweep
- ❑ j) filling out the trip report (leader should still sign off and review)
- ❑ k} planning what the leaders should bring (sign in sheets, pens, clipboards, first aid kit, extra food/water/clothing, etc.)
- ❑ l) making sure all participants are accounted for at all trail junctions

This form can be filled out and the completed form saved and e-mailed by using the free Adobe Acrobat Reader. Be sure to click the fill & sign button!

Download the reader at: https://www.adobe.com/acrobat/pdf-reader.html